

Pre-operative advice & checklist

This advice sheet is provided by Dr Marshall as part of our comprehensive operation booking process.

Please ensure that you have received the following paperwork:

1. Admission Details/Estimate of Medical Fees.
2. Hospital Admission forms "Elective Admission Package".
3. Anaesthetic Fee information
4. Literature regarding your planned operation.
5. An account for the gap payment of your surgical fees.
6. A pathology request form – for pre-operative blood test.
7. A post operative appointment.

NO smoking for one week prior to surgery.

NO Aspirin, Disprin or non steroidal anti-inflammatory medication for 2 weeks prior to surgery. (Panadol & Panadeine are ok for pain relief).

No Fish oil, ginko, ginseng, ginger tablets for ten days prior to surgery.

Have you ever had vascular surgery or do you have a vascular stent?

ADVISE DR IMMEDIATELY IF YOU TAKE ANTI-COAGULANT MEDICATION (Warfarin, Plavix, etc.)

If you are LATEX-SENSITIVE or have other allergies, please advise Dr Marshall's rooms immediately.

Do you have a lap band?

Do you have a pacemaker?

Do you have any other condition that we need to know about?

Patient

Date

Checklist

Prior to admission, please :

1. Check with your Health fund that you are covered for hospitalisation at the relevant hospital (including the serving of any qualifying period). Please be aware that some levels of cover have exclusions of some item numbers.
 2. If this surgery is within the qualifying period of you joining your fund, you will need to get documentation to support your claim for cover. This is your responsibility to organise.
 3. Complete all pages of the hospital "Elective Admission Package" and forward this to the hospital a week prior to admission. (Please do not send any other paperwork to the hospital)
 4. Contact the anaesthetist's rooms regarding costs. – see yellow forms.
 5. Ensure that doctor's gap account is paid at the rooms prior to admission.
 6. Attend my rooms two days prior to surgery, for your blood test. Pathology is open between 9.30 and 4.30 pm Mon – Fri.
 7. You may wish to shave yourself prior to admission. Not all procedures require this so please check with my secretary first.
 - Above the pubic bone.
 - Clip vulval / perineal hair as short as possible.
 - Groin Shave
 8. Some procedures require the use of a Microlax enema the night prior to surgery. This should be purchased from the Chemist. A prescription is not required.
 9. Please ensure that you have someone to collect you from hospital as you may not drive after general anaesthetic.
 10. Please do not hesitate to contact the rooms if you have any queries before or after your surgery.
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